Main Course

MANGO reef

From \$24

Oven-roast Herbs Pork Tenderloin Medallion

Served with Mashed Potato and Garden Vegetables Rosemary Sauce

Spicy Yellow Madras Chicken Breast

Stir fry slices Chicken Breast with Ginger, Scallion, Chili Madras Curry, Onion, Cilantro & Cherry Tomato Simmered in Coconut Milk Served with steamed Plain Rice & Cucumber Yogurt

With choices of:

French Fries, Sautéed of Garlic Potato, Mashed Potato, Seasonal Vegetables, Fried Rice or Salad

Char-Grilled Local Snapper or Grouper Fillet

Marinated with Garlic, Sweet Basil and LemonJuice Served with Garlic Butter Sauce

Pan-Seared Peppered Tuna Steak

Garlic Butter Sauce

Char-Grilled T-Bone Steak (16 oz)

Peppercorn Sauce

Pan-Roasted Beef Tenderloin (8oz)

Peppercorn sauce

Surf & Turf

Pan-Roasted 8oz Beef Tenderloin & 8oz Char-Grilled Local Lobster Tail Set on Sautéed Mixed Vegetable and Roasted Garlic Herbs Potatoes Served with Garlic Butter Sauce and Peppercorn Sauce

Char-Grilled Jerk Chicken Breast

Spicy Jerk Sauce

Barbecue Baby Back Ribs